



## Certificate of Achievement

# Dr Lee Fallin

has completed the following course:

**CHILDHOOD ADVERSITY: THE IMPACT OF CHILDHOOD MALTREATMENT ON MENTAL HEALTH**  
UCL (UNIVERSITY COLLEGE LONDON)

This course explored the connection between childhood adversity and mental health, and offered learners the opportunity to enhance their knowledge of mental health in young people.

3 weeks, 3 hours per week



**Vanessa Puetz, PhD**

Division of Psychology and Language Sciences University College London  
UCL (University College London)



The person named on this certificate has completed the activities in the attached transcript. For more information about Certificates of Achievement and the effort required to become eligible, visit [futurelearn.com/proof-of-learning/certificate-of-achievement](https://futurelearn.com/proof-of-learning/certificate-of-achievement).

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#### **STUDY REQUIREMENT**

3 weeks, 3 hours per week

#### **LEARNING OUTCOMES**

- Reflect on how childhood maltreatment may impact on a child's beliefs and behaviour towards others.
- Investigate how childhood maltreatment may change neurobiology and behaviour as a way to adapt to a hostile and unpredictable environment.
- Evaluate how childhood maltreatment may negatively impact on learning success and social development in school and how alternative provision can support young people.

#### **SYLLABUS**

### **Week 1**

- Introduction to the topic of childhood adversity in the form of abuse and neglect and its impact on a young person's well-being;
- Clinical perspective on the challenges that young people face who experienced early adversity;
- Clinical perspective on how this affects the ability to form trusting relationships later in life.

### **Week 2**

- A neuroscientific perspective on how early adverse experiences can change biological systems such as the brain in an attempt to adapt to the situation;

- An introduction to the latest research implicating changes in threat processing and memory after childhood maltreatment in young people exposed to adversity;
- A neuroscientific perspective on how such changes can be seen as adaptations to the adverse situations (Latent Vulnerability).

### **Week 3**

- An educator's perspective illuminating the particular challenges and opportunities young people with adverse experiences face in a school setting;
- An introduction to alternative provision schools and how they can support young people who have experienced adversity.